

Stowe Remembrance Service

Remembrance Sunday (13 November) was unseasonably mild, as the Stowe CCF Contingent formed up smartly on parade in advance of the Stowe Remembrance Sunday Chapel Service, under the watchful command of Head Cadet CSM Rafe Gordon (Upper Sixth, Winton).

Awaiting inspection, Royal Navy, Army, and RAF Sections arched as a proud body around the bust of OS Group Captain Lord Leonard Cheshire VC (Chatham 36), on Chapel Forecourt.

The Head, escorted by C/Sgt Tom Moore (Upper Sixth, Grenville) and Vice Chair of the Governors, Christopher Tate, accompanied by the Contingent Commander, inspected and engaged with the Cadets on parade. The Contingent, with many new members of CCF, stood with boots polished, great efforts having been made with their turnout, giving excellent accounts of themselves, demonstrating personal discipline and pride, before filing neatly into Chapel in pairs.

Cadet Cpls Ally Ter Haar (Fifth Form, Lyttelton) and Talal Zahid (Fifth Form, Cobham) carried out their roles as Flag Bearers with skill and beautifully synchronised drill, leading the procession of our visiting Preacher, Captain (retd) Humphrey Maddan late Rifles Regiment and Mr Mark Austen, followed by the Wreath Bearers, into the Chapel Service.

Each Wreath Bearer was accompanied by a Cadet escort: Cadet Chief Petty Officer Isabella Reeder (Lower Sixth, Cheshire) with the Head; Cadet Flight Sgt Max James (Upper Sixth, Cobham) with the Vice Chair of Governors; Cadet Sgt Milo Chauveau (Upper Sixth, Cobham) with Chair of OS, his father, Luke Chauveau (Cobham 87); Cadet CSgt Freddie Farrell (Upper Sixth, Grenville) with Group Director of Operations and Estates, Mark Kerrigan; Head Boy Cadet Cpl Paddy Potts (Upper Sixth, Chandos) escorting Head Girl, Sgt Emily Sutton (Upper Sixth, Queen's) and lastly, Junior Contingent Cadet George Watson (Fourth Form, Bruce), accompanying Cdt CSM Rafe Gordon, carrying the wreath on behalf of the CCF Contingent.

Thoughtful prayers were read meaningfully by Cadet Sgt

Phoebe Strom (Upper Sixth, West), Cadet Petty Officer Max Cowper-Hart (Lower Sixth, Winton) and Cadet Cpl Natalie Nylaende (Lower Sixth, Queen's), with Acting Pilot Officer Stephen Whitby and Capt Andrew Arnold each reading from the Testaments.

As is Stowe tradition, the names of 20 of the 270 OS who died in the Second World War were read out by the Contingent Commander, with details including School House, Prefects (Monitors), Sport Team Captaincy, Regiment/Service, how, where, and how old they were when they lost their lives. Poignantly, the uncle of Christopher Tate, Flying Officer H C Corbett RAFVR, School Prefect and Head of House (Bruce 36), killed on active service on 4 August 1940, aged 22, was one of those OS included.

The Choral Society and Chapel Choir of Stowe gave a magnificent performance of the Anthem *Lacrimosa* from Mozart's *Requiem* in D Minor, conducted by Mr Jonathan Kingston, and accompanied beautifully by Mr Craig Green. Special mention goes to Cadet Isobel Cox (Fifth Form, Cheshire) who played the *Last Post* and *Reveille* competently and bravely to a full Chapel.

The Service of Remembrance was solemn, dignified and moving. Captain (retd) Humphrey Maddan gave a personal, spiritual address, reminding us not only of those who gave the ultimate sacrifice, but also of the many who returned from conflicts, injured mentally or physically. Hymns were sung with passion and all Cadets, Staff and pupils involved felt proud to play their part in what many staff and parents commented was a wonderful Service of Remembrance, guided and led by Mr Mark Austen. In the words of the Vice Chair of the Governors "It was Stowe at its finest."

Stowe's Catering Team provided a delicious lunch, enjoyed by Governors, parents of Cadets with key roles, CCF Staff and families, in the magnificently decorated State Music Room.

Thanks go to all who took part in the many aspects of this special Annual Service of Remembrance.

Lt Col J S de Gale, Contingent Commander Stowe CCF



Swanbourne House New Head



The Governing Body and I are delighted to announce the appointment of a new Head for Swanbourne House School.

Over the last two months, The Group's Governing Body and Executive Leadership Team have been working with RSAcademics (the leading recruiter into the most senior positions in the independent school sector), and following a rigorous interview and selection process, we have appointed Mr Nick Holloway as the Head of Swanbourne House.

Nick will begin his role at the School in September 2023. Nick was educated at Canford School and Newcastle University where he read Archaeology. Before moving into teaching, he worked for HBOS PLC (subsequently part of Lloyds Banking Group), based in London and Edinburgh. After 12 years in finance, he changed career and joined Cothill House in Oxfordshire in 2013 and immediately found his vocation.

During his four years at Cothill, he was Head of Science and heavily involved in boarding, sports and outdoor education. In 2017, Nick moved to take up the position of Deputy Head Pastoral at Brambletye School in Sussex and was promoted to Deputy Head in 2020. He works across all operational and strategic aspects of the School. Nick has also been a Governor of Canford School for the last five years.

He is a keen sportsman, particularly hockey and

tennis, and an outdoors enthusiast who enjoys mountaineering and sea kayaking. Joining Nick at Swanbourne House will be his wife Emily, and children Dougie (7), Barney (5) and Wilf (3). Emily has worked in a number of schools in various office roles.

Nick will be working closely with the Swanbourne team over the next two terms, before joining the School, to ensure a smooth transition, and he is particularly looking forward to being able to draw on the experience of the Senior Leadership Team. Until September, Swanbourne will continue to be led by Simone Mitchell who, is an outstanding Deputy Head and Acting Head.

Nick says "It is a great privilege to have been asked to lead Swanbourne House. I am incredibly honoured to be the next Head and Emily and I are excited about joining the vibrant school community. I look forward to working closely with the staff, pupils and parents to promote and enhance the values and the ethos of the School and further develop the educational experience of the pupils. Prep schools are amazing places and I am committed to developing the exceptional all-round education offered at Swanbourne House."

We would like to welcome Nick to Swanbourne House and to The Stowe Group.

Simon Creedy Smith, Chair, The Stowe Group

SHPT

With the restoration of the State Dining Room well underway since its start at the end of August, much progress has been made.

The uneven walls have been prepared to receive lining paper, while the woodwork - skirting, dado rail, door frames and window shutters - have been stripped of their 200 years of paint, to reveal beautiful carvings. Most dramatically the wooden fireplace surrounds, in situ for almost 100 years, have been taken out in preparation for the new replicas. The original 18th Century marble chimneypieces were in the new room by the 1750s or so and included overmantels which took up the whole height of the wall. They were sold in the 1922 sale, before the estate became Stowe School, to another house, Benham Park in Berkshire, where they have been ever since. We were given permission to take a 3D scan of them, to be reproduced in wood through a computerised carving machine, and finished by hand for the more detailed, intricate carving.

The centre of the original overmantels contained two allegorical scenes in bronzed limewood. These are now in the Yale Centre for British Art in Connecticut, USA, and we are looking to take 3D scans of these in the near future, when funds allow.

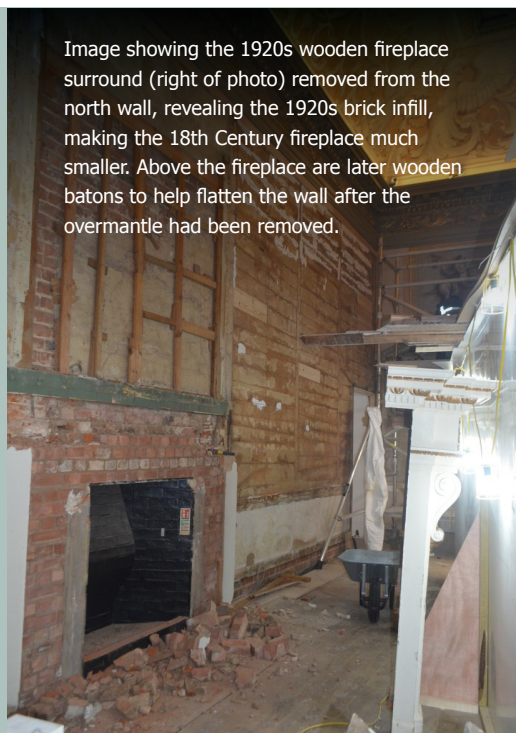


Image showing the 1920s wooden fireplace surround (right of photo) removed from the north wall, revealing the 1920s brick infill, making the 18th Century fireplace much smaller. Above the fireplace are later wooden batons to help flatten the wall after the overmantle had been removed.

One of the original chimneypieces with overmantle shown in the 1921 sales catalogue, sold with its twin, for just under £1,800.



The new chimneypieces are currently being made and will be fitted into place in early next year. The 1920s pieces, now historical pieces in their own right, will eventually be found a new home in another part of the main mansion.

Stowe House Preservation Trust (SHPT) is an independent charity, which aims are to raise funds for restoration of Stowe House, carry out that restoration and to open the State Rooms to the public.

Anna McEvoy, SHPT House Custodian



Polo

SUPA NATIONALS

On Sunday 20 November we took three teams to the Intermediate SUPA Nationals held at Oxford Polo's new arena at Kirtlington.

The Beginners team (Captained by Alex Burchell (Third Form, Winton) with Poppy Wates (Fourth Form, Queen's) and Minnie Hutton (Third Form, Lyttelton) had three fantastic matches and went on to win the Final of their Beginners Division, with excellent goals by all three players!

We had two teams in the top Intermediate Division. The first team (Captained by India Baillee (Upper Sixth, Queen's) with Charlie Hodges (Fourth Form, Chatham) and Leander Sautter (Fourth Form, Cobham) won their first two games with outstanding performances from Stowe Captain of Polo, India, scoring six goals in one chukka, and super play from Leander and Charlie who

scored goals and fought the tough opposition!

They made it to the Final, where we eventually lost with a final score of 3-1 after facing Rugby School's A team.

The second team (Captained by Archie Vernon-Miller (Fourth Form, Chatham) with Jemima Hammond (Lower Sixth, Nugent) and Pia Glynn Smith (Lower Sixth, Lyttelton) had some incredibly tough matches but earned a place in the Semi-Finals to come fourth out of eight teams.

A fantastic day had by all. The tournament puts us in a strong position for the main SUPA Nationals held on Sunday 5 March 2023. As usual we had an army of very supportive polo parents who cheered the loudest for our three teams.

Fiona Corthine, Head of Polo



Charity Christmas Cards

The girls' of Nugent House have designed and painted Christmas cards to raise money for Macmillan Cancer Support, in loving memory of Reverend Tim Mullins.

The cards look amazing and congratulations go to Ariel Guo (Third Form), Tatiana Riviere (Fourth Form), Hebe Hanson (Fourth Form), Lara Hughes (Fourth Form),



Coco Bartoszewski (Fourth Form), Isabelle Harris (Fourth Form), Kezia Hammond (Fourth Form), Erin Perez Quane (Fifth Form), Immogen Taylor (Upper Sixth) and Giselle Atkinson-Hieber (Upper Sixth) on their winning designs which were chosen from over 20 entries.

Packs of ten folded cards with envelopes, printed on luxury Italian paper are available to purchase from **Tracey Jones**, Nugent House Parent or North Hall Reception.

The minimum donation is £15 per pack. Unfortunately card payments can't be accepted, so cash only please.





Let the Celebrations Begin!

We are delighted to announce the release of the Centenary Programme, which details the full line up of celebrations taking place over the coming year to mark 100 Years of Stowe. The events to be held between now and the end of 2023 will give, we hope, many members of the Stowe community the opportunity to come together to celebrate the first 100 years of the School.

As we reflect on our School's journey, achievements during its first century and enjoy our new status as the Tatler Public School of the Year for 2023, these special events also give us the opportunity to talk about the future and the exciting plans for our next Century.

In this programme you will find information about all the events and initiatives during the year ahead at Stowe, elsewhere in the UK, and around the world, and we warmly invite you to participate in as many of them as you are able. Please [click here](#) to view the Programme and do register in advance for those events you wish to attend.

We look forward to seeing you at Stowe, and perhaps elsewhere around the World, for what promises to be a wonderful twelve months.

Eden Aid

Over the Summer and during the Half Term breaks, Stowe was pleased to put our minibuses to good use by lending them to Eden Aid. This incredible charity enables the delivery of supplies to the Ukraine, and provides transport for refugees fleeing the country and the war, by borrowing school minibuses during the holidays when they are not in use.

Eden Aid helps to bring to safety many vulnerable displaced Ukrainian refugees and has made 33 journeys and travelled around 310,000 miles - over 12 times around the globe. In 33 weeks, Eden Aid has moved over 1100 Ukrainian people, most to the UK to start new lives, and some we have helped move across Europe. One hundred and forty different drivers have driven 131 minibuses and we are so thankful for the support of schools in their support in loaning their buses.

Each week, these buses have been stuffed with aid and driven by volunteers, who themselves have raised money to help pay for each journey. We have taken out toys, medical equipment, sanitary products, clothing, blankets, pet equipment and even suitcases. The television coverage of this war has continued to stress the continuing need for aid, particularly as the winter sets in and infrastructure has been the target of widespread bombing, even in the west of Ukraine, which had been less affected by the war.

We have focused our efforts on helping those who would have found the overland journey most arduous or were particularly vulnerable, or just inexperienced and frightened of coordinating travel across six countries to reach the UK. Often these were mothers with children, women in late-stage pregnancy, the elderly or unwell. All they brought

with them, a suitcase and usually a phone full of photos of their homes, which they wanted to share with us. Sometimes, they were bringing a cherished animal, as the only way to bring an animal into the UK is by vehicle- we have brought back 100 dogs and 675 cats, and in doing so have met the incongruities of pet licensing head on.

Many of our most recent passengers have only just left the Ukraine, hoping to have waited out the conflict. With winter starting and the attacks on utilities and the western areas, and Kyiv again under attack, this will undoubtedly trigger a new surge of refugees.

Our convoys are stopping now, because Winter will make driving conditions in Northern Europe difficult, but the need for new sponsors in the UK is still acute. British news is very focused on domestic issues, cost of living crisis, Westminster, energy costs, much of which is linked to the Ukrainian war, and meanwhile more refugees will be hoping that someone will offer them a home for the short term. We are hoping that Eden Aid convoys will be operational again in the spring, but in reverse- this time taking people back to their homes rather than moving them to the UK, but of course we are unsure whether that will be the reality. Meanwhile we will be focusing our efforts in supporting the aid for Ukraine effort and seeking out new sponsors.

Your generosity has been part of our journey - from a group of friends sending out a livestock trailer full of aid, to a weekly convoy of four to eight minibuses, helping people to safety and new lives. Thank you from myself and my fellow volunteers. We are most grateful.

Troels Henrikson and Juliette Noble-Jones



Lacrosse

County Championships



On Thursday 13 October 2022, the Stoics travelled down to Berkhamsted School, who hosted the Senior Hertfordshire and Bedfordshire County Tournament. The weather was perfect, cool but sunny, and the teams had been working hard all season for this, the second most important date in the calendar.

1st X

Haberdashers' Aske's 4-1 loss | Abbots Hill 8-0 win | St Albans High School 5-2 loss | St George's Harpenden 4-2 win | Berkhamsted 7-0 loss | Haileybury 5-1 win | Bedford Girls' School 4-1 win

The wins over Bedford and St George's were the first for a few years, but due to a few more upsets towards the very top of the table, it meant that Stowe missed a top four playoff by a single point, which could have been won by one more goal against St Albans High School or St Georges'. Nevertheless, the 1st X finished the tournament with four wins and three losses, which is again the best result for over five years. The team played cohesive defence and intelligent offence, working together, and working hard all afternoon and as such should be proud of themselves, in the way they conducted themselves and their performance for themselves and the School.

2nd X

Fantastic lacrosse was played by the 2nd X on a sunny afternoon at Berkhamsted School's playing fields.

Haberdashers' Aske's 3-1 loss | St Albans boys 1st team 4-0 win | St Albans High School 4-4 draw | St George's 3-2 win | Berkhamsted 2nds 6-1 loss | Berkhamsted 3rds 2-1 win | Bedford Girls' side 5-1 loss

Overall, Stowe 2nd X left the tournament with a record of three wins, one draw and one loss, which meant the team came in a very respectable fifth place, narrowly missing a play-off game.

Well done everyone!

The U15s were hosted by Haberdashers' Aske's when they travelled to Hertfordshire on Thursday 6 October for the Annual County Tournament.

U15A

The U15A team were looking to improve on the result of last year and started well with a win over the hosts.

Haberdashers' Aske's 2-1 win | St Albans 6-1 loss | St George's 1-0 loss | Bedford Girls' School 5-1 loss | Berkhamsted 4-0 loss | Abbot's Hill 2-0 win

The girls worked hard, with only having two team training sessions prior to the tournament, putting on an excellent display of determination, hard work and skill. Well done to all the girls, especially Hannah Campbell (Fourth Form, Nugent) who was Most Valuable Player (MVP) of the day.

U15B

An outstanding run-out for the U15B lacrosse team at the County Tournament was led capably by the dynamic duo of Isabelle Harris (Fourth Form, Nugent) and Chloe Paterson-Brown (Fourth Form, Queen's).

Berkhamsted 6-1 loss | Haberdashers' Aske's 3-1 win | St George's 3-2 win | St Albans High School 7-1 win.

County Final - U15B

Berkhamsted 6-1 loss

This did however mean we are ranked second in the County and went home with a silver medal!

Well done girls, I am immensely proud of not only the way that you competed, but also prepared, with Captains running an excellent warmup well beyond your years.

The full match reports can be seen [here](#).

Rob Ingham Clark, Head of Lacrosse



Senior Select vs Dadford LC

The Stowe Senior Select Side hosted Dadford Lacrosse Club on the beautiful Autumn afternoon of Saturday 15 October. Dadford LC is made up of relations of the Stowe Senior Lacrosse players - fathers, mothers, sisters, brothers (and even a boyfriend). The tradition is now in its fifth year and this year was the strongest showing from Dadford yet.

The game got off to a quick start with early goals from Lyla Mulcahy (Upper Sixth, Nugent) and Maddie Baker (Fifth Form, Queen's), between them racking up six goals in the first quarter. However Dadford would not be denied, with an early brace of goals for Henry Roberts and one for Steve Goodrich.

The next quarter saw Jessie Frost (Lower

Sixth, Nugent) and Jemima Roberts (Upper Sixth, Lyttelton) score, the latter of whom had made it up the field from defence past several Dadford players to make it to the goal.

In the second half, we saw more defenders score, with Hannah Bewes (Upper Sixth, Queen's) and Milly Davis (Fifth Form, Cheshire) finding the net, and Jessie Frost and Jemima Roberts getting another each. The chase was very much on though, with four Dadford goals in the last quarter. However, they fell just short, with a final score of 14-10 to the Stoics.

A huge thank you to all the Dadford players and spectators who supported this event.



Mountain Biking

Just before Half Term on Thursday 19 October, a few of Stowe's mountain bikers dedicated an afternoon to visit the new and recently opened Northampton Bike Park for the first time.

The 40-acre facility boasts ten trails, a dual track and skills area and cost £750,000, funded by British Cycling, Sport England and West Northamptonshire Council. The two-hour session flew by as Oliver Bicknell (Lower Sixth, Winton), Henry Clare (Lower Sixth, Winton), Toby Tyler (Fifth Form, Walpole) and Mr Austen took on features such as tabletop jumps, berms and slalom downhill courses.

Chris Grimble, Stowe Mountain Biking



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www.stowesport.co.uk**

Stowe **SPORT**



GOLF

HMC National Strokeplay Championship

On Tuesday 4 October, the Annual HMC National Strokeplay Championship was held on the Red Course at The Berkshire Golf Club. This year the tournament field consisted of 74 players with an average handicap of 1.5, from 27 schools across the UK.

Stowe's Captain of Golf, Edward Davis (Upper Sixth, Bruce) led our team, with Elliot Strickland (Lower Sixth, Grenville), Miles Dickinson (Lower Sixth, Grenville) and Miki Khursheed (Fifth Form, Bruce) also flying the flag for Stowe Golf.

In the team event, Stowe finished in seventh position out of a total of 27 schools with an aggregate score of +3 (147). In the individual competition, Miles Dickinson recorded a fine score of one under par (71) to finish in seventh position out of a total of 74 competitors nationally. Edward Davis finished in 27th position with a score of +4 (76), whilst Miki Khursheed recorded a +5 score of 77 to finish in 29th place and Elliot Strickland finished 50th with a score of +11 (83).

Overall, this proved to be yet another excellent experience for our golfers.

Elliot Strickland

On Thursday 29 September, Golf Scholar, Elliot Strickland (Lower Sixth, Grenville), had the opportunity to experience competing in a professional golf event at Northamptonshire County Golf Club.

The Clutch Pro Tour is one of the foremost developmental professional tours, which provides aspiring tournament professionals with the opportunity to compete and test their games against fellow professionals.

Elliot thoroughly enjoyed having the opportunity to test his golfing skills in a professional event and will harness this experience as part of his winter training programme.



Miki Khursheed

Golf Scholar Miki Khursheed (Fifth Form, Bruce) rounded off an excellent season by winning the Stanmore GC Club Championship to become the youngest Champion in the Club's 129-year history.

Miki also won the U18, U21 and U30 categories at The Middlesex County Golf Championships. This led to his qualification to compete in England Golf's U18 National Champion of Champions Tournament at Woodhall Spa.

**Andrew Hancox, PGA Golf
Professional & Head of Golf**



Elite University talk November 2022

For those of you who are interested in highly competitive academic applications, your personal statements and super-curricular academic reading needs to start now.

The universities in the following list have a rate of offer to application of below 20% (Oxford, Cambridge, Durham, Warwick, St Andrews, Edinburgh, LSE, Imperial and UCL) and offers are typically AAA or above. These applications take prolonged focus, and, once there, the courses are highly academic requiring large levels of personal motivation and independent work.

The first meeting of the Lower Sixth Elite Applications Group took place on Monday 7 November. The Academic Scholars and others considering the most competitive universities in the UK and abroad were invited to begin thinking about the extra-curricular work required to bolster their applications. The aim is to produce elite applications with independent work and academic exploration at the core of personal statements and references.

Those applying for STEM subjects have been invited to begin physics and maths extension support and academic reading has been shared with the pupils with Dr Potter set to lead a session on effective academic reading in December. The



primary intention of our initial meeting was to focus the mind and provide some context around what is required of an elite application and the structure of an academically rigorous degree. [Click here](#) for a recording of the presentation and accompanying PowerPoint.

For resources for UCAS, international universities, careers and gap years please [click here](#).

Victoria Lee-Stevens, Head of Elite Applications

CAREERS



Bocconi University, Milan, Italy

**Thursday 17 November with Dr West
and Carlo De Vivo (Upper Sixth, Chatham)**

About Bocconi University

Bocconi University was established in Milan in 1902, with a generous endowment from Ferdinando Bocconi, a wealthy merchant. Università Commerciale Luigi Bocconi became the first Italian Institution of Higher Education to grant a Degree in Economics. Since its inception, Bocconi has stood for liberalism, pluralism, and social and economic progress. While a private institution, Bocconi has traditionally been more than an elite university. It has consistently promoted and practiced equality of opportunity among its many generations of students, by actively subsidising the education of disadvantaged and deserving students. In the words of its first Rector and President, Leopoldo Sabbatini, Bocconi's mission is to "promote harmony between school and life".

Today, Bocconi is a research university of international standing in business, finance, economics, data science, political science, cyber risk and law. Its research projects are funded by national and supranational institutions. By virtue of being a major node in the European and global network of business and economics universities, Bocconi exchanges faculty and cooperates on large projects with like-minded European and American universities and business schools. Bocconi has close relations with major corporations and international agencies, as well as their managers and officials, and constantly interacts with the business and economic environment to assess new issues, implement new techniques, and start new research endeavours.

Bocconi University has an Undergraduate School, a Graduate School, a School of Law and a PhD School. SDA Bocconi School of

Management, founded in 1971, takes care of the post-experience management education.

Bocconi grants Bachelor of Science, Master of Science, and PhD degrees in Management, Economics, Law and other disciplines. It also offers a number of post-experience programmes and administers hundreds of advanced courses to managers and professionals in all realms of private and public management. In keeping with the ideals of its founders, Bocconi seeks to address the research and education needs of the European and global economy, by favouring cultural progress, international exchange, and economic integration. Bocconi conceives higher education as a continuous process that spans the entire professional life of an individual. The University promotes both economic advancement and civic values, by instilling in Bocconians solid analytical skills and a strong emphasis on ethics, so that they can contribute to the innovation and development of European business and society.

Bachelors Admission

Three sessions are available for international applicants:

· Early: closed · Winter · Spring

Applicants are selected based on:

- Grade transcripts Admissions test (SAT or ACT or the Bocconi Test)
- CV/Resume and motivational letter
- All applications and documents must be submitted digitally through the MyApplication portal, by going to www.unibocconi.eu and clicking on apply
- Applicants will be asked to create an account

You can watch the presentation [here](#).

ROWING



The Stowe Rowing Team had a very enjoyable day at Cambridge, on Saturday 12 November. After a few weeks of rather dreary weather, we were treated to bright sunshine all day long. This time we were able to bring a full team, and Stowe was represented by a boys' eight, a mixed eight, and boys' and girls' quadruple sculls.

The competition, run by Cantabrigian Rowing Club, included Cambridge Colleges, Clubs and visiting schools and London Colleges. It was a nice change to see crews from elites to beginners, all taking part together. This was great for the Stoics, seeing some rowing for them to aspire to, and also many crews, with whom they could compete well.

Despite the many crews that row on the River Cam, it is actually quite a small river, with some notorious bends to negotiate. We gave one of our strongest rowers, Will Crabb (Lower Sixth, Winton), the task of coxing our first boat down the course. He steered a perfect line and the crew rowed a proficient race. Amelia Hine (Upper Sixth, West) was given the same task, in the bow seat of the Junior girls' quad - to bring the three youngsters home safely. It was a first-ever race for Julia Starke (Third Form, Stanhope), Agnes Edwards (Third Form, Stanhope) and Coco Bartoszewski (Fourth Form, Nugent) - normally a daunting experience. As probably the youngest crew in the competition, there was some apprehension, but it was immediately obvious, from the strong rhythm set by Agnes, and fluent sculling by the crew, that they had good pace all the way.

In the afternoon our experienced girls went in a mixed eight, with some of the boys. The pace was set by Leia West (Upper Sixth, West), in the stroke seat, backed-up by Lily Jackson (Upper Sixth, Cheshire). Harrison Newman (Fourth Form, Winton) steered a good course and bow pair, Coco and Amelia, helped pull the crew around the most difficult corners. The crew beat several women's crews and some men's crews too. The four most experienced boys led by Team Captain, Ed Whitbread (Upper Sixth, Cobham), went in a quadruple scull, and posted our fastest time of the day. Many thanks to the Stowe families who supported the team at Cambridge; Meredith Atkinson-Wood who took the team with me; and thank you to the Lewis family, for their super photographs.

Our final event this term is Walton Small Boats Head, for singles and doubles. The emphasis this term has been to raise the skill level of our team, through single sculling on the 11 Acre Lake, so now nearly all the team members are confident in singles. With their other commitments, it is never possible to train in the complete racing crews, but confident single scullers can race in any crew (as we saw at Cambridge) so we hope to see the Stoics building on their skills at Walton. This will prepare them for the competitions next term, leading up to the major event, the Schools' Head at Putney, where we hope to see, at least a boys' 1st VIII, girls' 1st IV, and Junior boys' VIII. Ideally we'd like to see some more girls trying rowing, aiming for a girls' 1st VIII!

Andrew Rudkin, Rowing Coach

Results Cambridge Winter - 228 boats raced

Stowe Boys' Quad | Will Crabb, Hugo Comerford (Upper Sixth, Chatham), Ed Whitbread, Max Cowper-Hart (Lower Sixth, Winton) | Finished 122, beating 106 boats

Stowe Boys' Eight | Will Crabb, Harrison Newman (Fourth Form, Winton), Oliver Bicknell (Lower Sixth, Winton), Ed Whitbread, Max Poliza (Lower Sixth, Grenville), Hecco Harrison (Third Form, Temple), Ari Lewis (Fourth Form, Walpole), Max Cowper-Hart, Hugo Comerford | Finished 150, beating 78 boats

Stowe Mixed Eight | Leia West, Amelia Hine, Lily Jackson, Coco Bartoszewski, Harrison Newman, Oliver Bicknell, Max Poliza, Hecco Harrison, Ari Lewis | Finished 191, beating 37 boats

Stowe Junior Girls' Quad | Coco Bartoszewski, Julia Starke, Agnes Edwards, Amelia Hine | Finished 211, beating 17 boats

Stowe crews beat VIIIs from Darwin College, Sidney Sussex, UCL Medical School, King's College London, 1st & 3rd Trinity, Downing College, Corpus Christie, Fitzwilliam College, St George's Hospital and many others.



Design Technology Vists Munich



On Saturday 22 October, the Sixth Form pupils of Design, Technology and Engineering, in tow with Mr Quinn and Mrs Treen embarked on what was to become an amazing trip to Munich, Germany.

It was a delight to be welcomed to our accommodation in Central Munich in the late hours of the Saturday night/Sunday morning with oversized pretzels and pastries, that made me long for breakfast, which was also by the way, delicious!

On Sunday, we travelled to visit the BMW Museum, part of BMW Welt. From a cascading wall of BMW motor bikes from all the different production periods, to an F1 highlight room, where there were old and new cars mounted on every wall and surface, showing off a very futuristic and overly streamlined style that seemed to echo through the room. With fragmented engines and design concepts which left us inspired, we had the pleasure of experiencing super cars and classic street racers, that spoke to us in a language we could all understand, Design and Engineering.

Once we had spent a great deal in the BMW gift shop, we headed to Munich town centre. The square was comprised of historic German buildings, marked by bewildering architecture, accompanied by small but hearty German shops, many of which housed those extraordinary sized pretzels that we were beginning to love! After two games of bowling at the aptly titled 'Bravaria Bowling,' we had a Bravarian meal with amazing food that was fit for any occasion, arriving in portions which managed to satisfy Stoics, who up until now had no end to their appetites!

[Watch the Sunday film here.](#)

The next morning, we set off for the Allianz Arena, which is home of the FC Bayern Munich Team. We were met at the arena and taken round on a highlights tour. We were given exclusive access of the pitch area itself, sitting in the dugout seats that players use during matches. The guide then gave us a brief history of the arena and its home team. We were then led to a conference room and later to the players' locker room, which was laced with the players' photos and shirts. A very worthwhile experience that gave us an appreciation for the culture of Bavaria, as well as marvel at the technological advancements the stadium displayed.

[A summary of the visit to Allianz can be viewed here.](#)

Following a journey on the U Bahn (German equivalent of the Tube) and a brisk walk in the rain, we made our way to the fantastic Deutsches Museum. It is quite difficult to put into words just how impressive this museum was. There were 19 permanent exhibitions covering an area of 20,000 square metres on Modern Aviation, Health, Chemistry and Music, to name just a few. As we went deeper into the museum, we had the opportunity to follow the space race, marvel at cipher machines and admire the model railways, the small robots and of course the giant aeroplanes. The museum's main atrium was full of all things aviation, from old war planes that were suspended from the ceiling to new flying simulators and eco-friendly flying ideas. A must visit for all.

[Our trip to museum can be viewed here.](#)



On our final day in Germany, we set out for the Munich Olympic Park. We observed the Olympic Tower standing at 291 metres tall, protruding from a perplexing metallic and glass substructure that was almost woven like fabric and arranged like a tent. When entering the Olympic Park, we found ourselves surrounded by rolling hills, that we learned were made from debris of buildings that were destroyed during the war, and by lakes that were perfectly sculpted to form a crescent like shape that swung across the left-hand portion of the park. We were then met at the Olympic stadium by our guide. When being taken through the barriers we were met with an idyllic view of the stadium and accompanying landscape. Whilst allowing time for photos, we strolled into the belly of the stadium where all the VIPs would enter and perform media presentations. We were then told about the designs used in the stadium, including the exterior and interior, which were both very forward for their time. Whilst being guided into the stadium track, we did as any normal school would do and held a relay race around the track followed up with a 100-metre sprint!

Finally, we approached the much-awaited Olympic Tower. We took the elevator up and had a dumbfounding view of both the Olympic Park and Munich. Whilst in the tower we each had a go on the VR headset which allows you to walk through the glass of the tower and peer over the side of a wooden plank looking at the Olympic Park. A wonderful overview to what had been a thoroughly rewarding experience.

[Our day at the Olympic Park can be revisited by clicking here.](#)

Thank you to Mr Whitby and to Mr Hart for taking us safely to and picking us up from the airport, and a special thanks to Mr Quinn and to Mrs Treen for organising what will forever be remembered as an amazing trip. Roll on next year's DT&E adventure!

Oliver Bicknell (Lower Sixth, Winton)





Equestrian

Eventer Challenge at Aston Le Walls

Twelve girls competed in the first competition of the Bloxham Eventer Challenge Series at Aston Le Walls on Sunday 13 November. It was a strong turnout from Stowe with pupils competing in every class from the 80cm to the 110cm class.

We started very well with the teams coming first: Bunny Hales, Anabelle Robbins, and Daisy Edwards (all Third Form, Nugent) and Emilia Rivett, (Third Form, Queen's) and second: Isabella Rivett (Third Form, Queen's), Olive de Courcy-Ireland (Fourth Form, Nugent) and Lily Taylor (Lower Sixth, Cheshire) in the 80cm class. Special mention to Emilia Rivett who won first place as the individual and Lily Taylor who came second and fourth on both her ponies.

In the 90cm class, Bella Timmis (Fourth Form, Stanhope) flew around the course however unfortunately finished just outside the placings as her time was too fast! Lucy Willmott (Lower Sixth, Nugent) had a fabulous round until she knocked down the last jump, meaning she also finished outside the placings.

In the 100cm class, Grace Haig (Lower Sixth, West), Araminta Spencer-Churchill (Fifth Form, Stanhope), Kitty Scott (Lower Sixth, Stanhope) and Bella Timmis won their team class, with Bella taking individual first place and Grace taking third.

It was a hugely successful day for the Equestrian Team and this puts us in a strong position for the Bloxham Series, which is four competitions leading to a Championship Final in March.

Becky Coote, Head of Equestrian



Mimi Price (Lower Sixth, Cheshire) and Isabella Russell (Fourth Form, Cheshire) represented Stowe at the NSEA Showjumping National Championships on Saturday 22 and Sunday 23 October. Both girls had qualified earlier this year and Mimi finished with a double clear in the 110cm class, with Izzy coming fourth in the same class. Izzy then went on to finish second in the 120cm class.

Izzy Russell has also been competing in the Home Pony International Show, where she was again selected to represent Wales. Izzy competed on her new horse Harry and was jumping a huge 135cm course which finished with a 140cm upright. An exciting new partnership who will be looking at European selection next year.

Becky Coote, Head of Equestrian



HOCKEY

ENGLAND SELECTION

Isabel Hinde-Smith (Third Form, Nugent) has been selected into the England U16 hockey squad. Players have been selected from the Performance Centre Challenge Cup, Open Nominations from club and school coaches and previous England Age Group squads.

Selection to the England Age Group Programme is a significant milestone for a Junior hockey player. Players experience a high-quality and inspirational training environment during regular training days and camps throughout the year. Athletes gain exposure of playing top European nations, including the Netherlands, Belgium, Germany, Spain, Ireland and the Home Nations, in camp-based activity and tournaments. Education is delivered by specialists in the field of anti-doping, nutrition, strength and conditioning, injury management and psychology.

Bella has been competing with girls two years older than herself, so to be selected into the squad as a 13-year-old is a huge achievement. Bella plays for Buckingham Hockey Club who play their home games at Stowe. The Club has two Stowe members of Staff coaching in the ladies' section, Mr Jones and Mr Blackmore-Beales.

At Stowe, Bella has set the record as the youngest female player to represent the Stowe 1st XI (against St Edward's just before the Half Term break), and in doing so, matches the feat of Rhys Noble (Chandos 21) who did the same for the boys as a Third Former in 2017.

We look forward to keeping up with Bella's international progress - a huge well done!

Ben Scott, Head of Hockey

CENTENARY BIG SING



1923
2023

The last time Stowe was recorded as a congregation in Chapel was in 1977. With the School Centenary looming, I mentioned to our late Chaplain, Revd Tim Mullins, that it was high time a similar feat was attempted again. Stowe is a much larger school in 2022/23 and now benefits from full co-education which was not the case in the 1970s. Our repertoire, however, would be similar, all taken from Cantata Stoica.

The result is something the School community can be proud of - lusty, engaged congregational singing and a project which shows the School to be in fine heart as it approaches its 100th year. The project is of course all the more poignant as we dedicated the first hymn 'Guide me O thou Great Redeemer' to the memory of our late and much missed Chaplain.

Community singing on this level - over 900 voices is not to be underestimated. "He who sings

scares away his woes" (Don Quixote).

The audio track will feature on Spotify and the whole School community will be emailed that link in due course. It is hoped it will be circulated far and wide so we can make our mark on that platform.

The Stoics and my assembled colleagues who sang were magnificent as this all came together in around half an hour. My thanks to Craig Greene for his splendid organ playing. He was at the business end of one of the mightiest pipe organs within a school setting anywhere, yet his thunderings were no match for us! Sincere thanks also go to Ben Weston and Neil Goulding for their audio/visual expertise. Bravo Stowe - a wonderful piece of history made and updated.

You can watch the recording [here](#).

Jonathan Kingston,
Choral Director



Sports Science Change Maker Day

Change Maker Day on Monday 10 October provided an opportunity for the keen Sports Scientists at Stowe to gain hands on industry experience. The day started with a visit to the Porsche Human Performance Laboratory, which houses state-of-the-art facilities to test and train racing drivers and other aspiring athletes.

The pupils spent the morning with experts in the field; gaining knowledge and experience in a variety of physical tests, which are used at the elite level of sport. Several Stoics were brave enough to participate, with one test requiring maximal running/cycling and one being administered in a heat chamber. Another test specific to racing drivers was the BATAK Pro Reaction Test, with a team of Stoics only just able to hit the scores of an individual

professional! Following this, there was a seminar on applied nutrition for athletes, which the pupils could apply to themselves.

The second part of the day took place at Core Performance, a leading Crossfit gym in Bedford, where pupils participated in a variety of team workouts and friendly competition. They then explored the facility and finished with a question-and-answer session with the experts.

Overall, a day away from the classroom presented practical application of the theory learnt in sports science and an insight into the demands of the sporting industry.

The pupils reflected that it had been a valuable and inspiring experience.

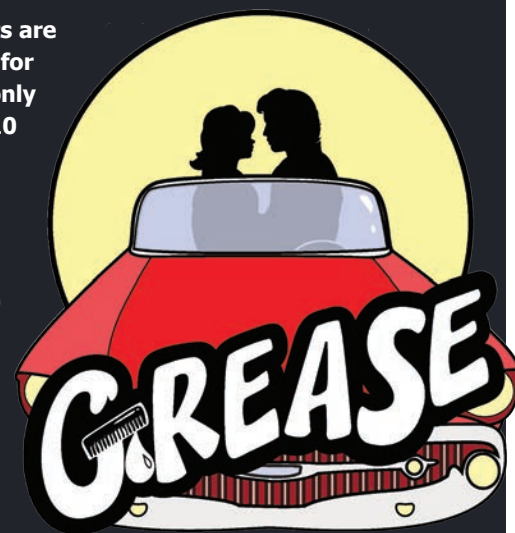
Ruth Taylor, Sports Science

Stowe goes to Rydell High School!

The ever popular musical 'Grease' is coming to the Roxburgh Hall in December. With a live band and a cast of 50 Senior pupils, the show is full of iconic songs including 'Summer Nights', 'Greased Lightning', 'There are worse things I could do', 'You're the one that I want', and many more. Rehearsals are well underway, and a stunning night of energy and entertainment is guaranteed for all.

Limited tickets are still available for the matinee only on Saturday 10 December at 1:30pm.

Tickets are available online (free of charge) [here](#).



SOME DISABILITIES LOOK LIKE THIS



OTHERS LOOK LIKE THIS



NOT ALL DISABILITIES ARE VISIBLE

Stowe Disability and Neurodiversity Awareness Week

After the success of the Summer Term's ForEver Stowe Day, in which the SEN Team welcomed children from Evergreen School (for pupils with special educational needs and disabilities) to experience a fun-filled day of activities, we have turned our attention to raising awareness of disabilities and neurodiversity.

To do this, the SEN group of Grace Hodgetts (Upper Sixth, Cheshire), Isabella Pratap (Upper Sixth, Nugent), Amelia Morgan (Upper Sixth, Nugent), Willow Kenlock (Upper Sixth, Nugent), Ruby Colebrook (Lower Sixth, Queen's), Jemima Dare (Lower Sixth, Queen's), Tobias Ellson (Lower Sixth, Walpole), Annie Flint (Lower Sixth, Queen's), Sophie Lloyd (Lower Sixth, Nugent), Lottie Moffat (Lower Sixth, Nugent), Lily-Anne Moon (Lower Sixth, Nugent), Molly Muhoho (Lower Sixth, Nugent) and Scarlett Wates (Lower Sixth, Queen's) have organised a range of events, activities and talks to promote the theme of individuality and acceptance of people who may look, act, or think differently.

We have organised an assembly, to be presented to the Sixth Form, about awareness of people with disabilities. We have also created a Tutor resource so they can share the information and the discuss disability and neurodiversity with their Lower School Tutees. This will

be a great way to communicate the idea of acceptance regarding disabilities and promoting a kind and welcoming place where everyone is equal, no matter what difficulties or obstacles they may face.

In addition, we are organising a disabilities questionnaire to be sent around to the whole School. We hope that this will be a fun way to engage with the cause, and show people that disabilities are not uncommon and people with unique differences live very successful, accomplished, and fulfilling lives.

Moreover, we aim to promote awareness and acceptance through a library display. With some help from Stowe Library Team, we aim to showcase both examples of literature, where disabilities and neurodiversity are presented, and successful authors with a disability or a neurodiversity.

Stowe Disability and Neurodiversity Awareness Week will culminate in a fundraiser day, where we will invite the whole School to celebrate individuality and neurodiversity. We hope this Stowe event will increase the awareness and help better promote the ideas of acceptance and equality in Stowe community.

Grace Barnett
(Lower Sixth, Cheshire)



Award Ceremony

On Saturday 5 November, I was officially appointed as the Lord Lieutenant Cadet for Buckinghamshire County. It was a lovely evening where many honoured guests were given Lord Lieutenant Awards for Service to their County.

The other Cadets and I were awarded our Lord Lieutenant Cadet badges so we could officially begin accompanying Countess Howe on her different visits. The event also included some fantastic videos explaining the importance of the Reservists and a moving finishing speech made by a Reservist Captain.

A special thank you must go to Mr Whitby, my RAF Section Commander, for supporting me at the event. I look forward to beginning my official engagements shortly.

F/Sgt Max James (Upper Sixth, Cobham)



Armistice Engagement

On Thursday 10 November, I travelled to St Mary's Church in Aylesbury to accompany the Lord Lieutenant, Countess Howe, to the first of the Armistice Day engagements of the year.

After arriving at the Church with the Mayors and other honoured guests, we were greeted with the most incredible county orchestra performance, accompanied by two beautiful choirs, of all ages.

The speaker was so enthusiastic and kept the service flowing throughout its entirety and special mentions must go to the Bucks Cadets who spoke in front of everyone at such young ages.

The event was very touching and a real tribute to the men and women who have given their lives for this country, both in the World Wars and more recently.

F/Sgt Max James (Upper Sixth, Cobham)



Netball

Dubai Netball Tour

During October Half Term, two Senior netball teams travelled to Dubai for their pre-season netball tour. Both teams played matches against the best schools for netball in Dubai; JESS (Jumeirah English Speaking School), DESC (Dubai English Speaking College) and DC (Dubai College), as well finding time to sample the local attractions.

The first match was against JESS and to the delight of the girls, both matches were inside. The opposition were strong, but both teams played really well and demonstrated some excellent netball. The 1st team won their match in the final five minutes of the game, after trailing for most of the match. The 2nds unfortunately lost theirs, but were still in good spirits at the end. A great start from both teams.

The second match was against DESC, who were exceptional hosts. We had a lovely welcome from both Staff and Students, and it was great meeting Amanda Newton (former-England Netball Captain). Although both teams were playing outside, their facilities did not disappoint. Both teams stepped up and adapted well to the heat. The 2nds started first and played brilliantly as a team, building on their previous day's performance. Even though they

did not win their game, they came very close to winning at times and finished with a score of 25-18. The 1sts started well from the get-go and took the lead in the first quarter. They demonstrated excellent composure and skill throughout the game, winning 31-20.

After a morning at the waterpark, we made our way to DC for our final fixture. Both teams from DC were up for a competitive game and after some hard fought netball, the heat got the better of the girls and they narrowly lost. Although disappointed, the girls were still in great spirits.

As well as playing some exceptional netball and putting Stowe on the map in Dubai, the girls found time to take part in some much needed down time. This included a desert safari and the watching sunset on the dunes, shopping at the Dubai mall, a morning at the beach, the Atlantic waterpark and dinner overlooking the fountains.

Exemplary in their behaviour, the girls were also great fun and we laughed a lot: it was a real pleasure to spend the week with them. Roll on our next tour!

Victoria Dias, Head of Netball



MUSIC

LUNCHTIME CONCERT

On Thursday 20 October, several Stoics gave performances as part of the ever-popular Lunchtime Concert Series.

One of the primary attractions of these events is the diverse range of repertoire offered by the Stoics. This concert was no exception, with the musicians performing music written hundreds of years ago, right up to cutting edge popular music of our time. Each Stoic demonstrated an excellent stylistic awareness, regardless of genre.

William Nottage (Upper Sixth, Temple) gave an accomplished performance of a trio of works for the drumkit, as part of his A Level performance preparations. This was followed by a seamless performance of Christina Aguilera's 'Say Something', given by Grace Hodgetts (Upper Sixth, Cheshire) and Annabel Hodgetts (Fourth Form, Cheshire).

Sticking with the genre of popular music, Lilia Møller (Lower Sixth, Cheshire) performed 'Wildfires' by Sault. It is quite a skill to sing and accompany ones-self on the piano, and Lilia did a fantastic job.

Freddie Boardman (Fourth Form, Chatham) gave a sensitive performance of 'Moonlight' on the piano, written by the late American composer William Gillock, and then in what was a lovely contrast, Ryan Zheng (Fifth Form, Grenville) gave an impassioned performance of 'The Wind of Life', written by Japanese composer Joe Hisaishi. This was swiftly followed by an expressive performance of 'October' from Tchaikovsky's 'Seasons' capably performed by Gaia Mesonero-Perez (Fourth Form, Lyttelton) at the piano.

It was fantastic to have a Stoic band involved in this concert. Grace Reilly (Fifth Form, Cheshire), Emily Garwood (Fifth Form, Cheshire) and Edward Mercer (Fifth Form, Grafton) gave an engaging performance of Billy Joel's 'Vienna'. This was followed by a fiery rendition of 'Gurenge' written by Kayoko Kusano, performed by Sunny He (Fifth Form, Chatham) at the piano.

Isobel Cox (Fifth Form, Cheshire) then performed the slow movement from Haydn's Trumpet Concerto. This was a very lyrical performance and Isobel made good use of the stunning acoustics in the Ugland auditorium.

To conclude the concert, Damir Shestakov (Third Form, Chatham) performed Paul Harvey's 'Rumba Toccata', which features fiendishly difficult repeated note passages on the piano. Damir pulled the piece off with great aplomb.

Thank you to all those musicians who took part and to their respective teachers for preparing them so well for the event. The next, and final, lunchtime concert of the term will take place on Thursday 8 December at 1pm in the Ugland.

**Ben Andrew, Head of Keyboard
& Accompanist in Residence**



Law Society

Law Society Talk - Vice Chancellor's Residence, Buckingham University

On Wednesday 9 November, The University of Buckingham invited us to a talk about criminal and human rights legislation at The University of Buckingham. When I first was told about a law talk, I was expecting to be sat in a grand hall. But instead, we were confronted with a small cosy cottage that invited you to relax and be comfortable in the stories that The Honourable Justice Muhammad Imman Ali shared with us.

Justice Ali was educated in the UK, where he completed his schooling, resulting in him becoming a barrister-at-law. Moving on to practice Law, both in Bangladesh and the UK, where he worked his way to be one of the top judges in Bangladesh. He was set on changing outdated legislation from within the judicial system. When he became the Senior most Judge, he took an interest in human rights for children. This stemmed from a case he presided over of a 12-year-old boy who 'allegedly' sexually assaulted an 8-year-old girl. In the report, he read that the boy had 'confessed' after being beaten by the police. The boy was sentenced to be hanged. After that moment, Justice Ali fought hard for the laws to be amended as they were old-fashioned and not up to date with the contemporary world.

Justice Ali also spoke of how he was influential in modernising Bangladesh legislation linked to

corporal punishment in schools, child marriage and discussed the impact and potential remedies linked to the rape of young women and girls. An emotion-filled talk that was a fascinating insight into the legal systems of Bangladesh and how many of their laws remain based on British legislation.

This talk provoked my empathy and drive to assist those affected by an unjust judgment passed without sufficient factual evidence. Furthermore, it inspired me to reflect on how I can contribute to assisting people in the legal system during my life and accomplish my own goal of helping others while feeling my work has made a difference to the World.

After the talk, Society members retired to an excellent local restaurant (McDonalds) to debate the evening and to plan future events. Our chairman, Will Eastwood (Upper Sixth, Winton), was concerned about the legitimacy of this type of judicial activism - no matter how beneficial the outcome to the most vulnerable children in Bangladesh. Will suggested a future topic to be debated in the Law Society should be: Judicial Activism - A force for good or evil?

A special thank you goes to Julie O'Shea and Professor James Tooley (Vice Chancellor of The University of Buckingham) for allowing us to attend the law talk.

**Romayo Seaton,
(Fifth Form, Grenville)**

CROSS COUNTRY



Inter-House Cross Country

On the afternoon of Friday 21 October, the whole School competed in the annual Inter-House cross country event. The weather was NOT kind this year, but it was wonderful to see the Stoics representing their Houses with such grit! The results were as follows:

Champions in the Third Form were Cheshire and Grenville. Individual winners were Katie Webb (Third Form, Cheshire) and Eddie Hartigan (Third Form, Grafton).

Champions in the Fourth Form were Nugent and Grafton. Individual winners were Charlotte Hall (Fourth Form, Cheshire) and Paul Ostroverhy (Fourth Form, Chandos).

Champions in the Fifth Form were Nugent and Winton. Individual winners were Araminta Orchard (Fifth Form, Nugent) and Lleyton Moss (Fifth Form, Grafton).

Champions in the Lower Sixth Form were Nugent and Grafton. Individual winners were Isabelle Kaye (Lower Sixth, Cheshire) and Dominic Patterson (Lower Sixth, Bruce).

Champions in the Upper Sixth Form were Stanhope and Chatham. Individual winners were Florence Hooper (Upper Sixth, Stanhope) and Harry Rose (Upper Sixth, Bruce).

Overall Boys Champions this year are Grafton.

Overall Girls Champions year are Nugent.

The fastest boy in the School was Harry Rose with a time of 17m23s

The fastest girl in the School was Katie Webb with a time of 18m22s, which is a new School record and was the second quickest time of the whole School!

Craig Sutton, Director of Sport



ESAA Cross Country Cup

Stowe hosted 350 runners in the regional round of the ESAA Cross Country Cup on Saturday 12 November. Schools had to qualify to compete in this event by coming in the top three schools in their County. The Counties represented in our region are Buckinghamshire, Oxfordshire, Northamptonshire and Cambridgeshire.

Stowe's Intermediate girls (Third and Fourth Form) team came first! This means we have qualified to run at the National Finals. Although this is a team event, it is worth mentioning the Stoics individual finishing positions: Katie Webb (Third Form, Cheshire) 1st, Elsie Jacobs (Third Form, Cheshire) 2nd, Lauren Webb (Third Form, Cheshire) 4th, Charlotte Hall (Fourth Form, Cheshire) 11th and Ella Kingston (Third Form, Cheshire) 33rd in a remarkably high standard race.

The team will run against the top cross-country schools in the National Final, in Leeds on Saturday 3 December.

Good luck girls!

Craig Sutton, Director of Sport



UNCANNY

An Evening of Gothic Horror!

FILM STUDIES

Those of you who enjoyed last year's Waste Land at 100 recordings, will be pleased to learn that the same team produced a follow up, which was premiered just in time for Halloween.

Uncanny: An Evening of Gothic Horror! brought together the voices of English Teachers, alongside guests from the Philosophy, Drama and Classics Departments (plus the Stowe Library) and was hosted by Dr Webber, who produced the show, which was devised by Ms Eisenhut.

During the evening, extracts from a wide range of "Gothic" poetry and prose were played which were guaranteed to send a shiver down your spine (including a twist ending par excellence). The readings were interspersed with music performed by classic Gothic recording artists including The Cure, Siouxsie and the Banshees and Joy Division, to help the audience make connections between the writers who originated the genre in the 1800s, and musicians who have taken up its influences in their songs over 100 years later.

The full line up of nightmares was:

La Belle Dame Sans Merci - John Keats
- Read by Ms Stockley (and Dr Webber)

The Stolen Child - WB Yeats - Read by Dr Smith

Extract from The Fall of the House of Usher
- Edgar Allen Poe - Read by Mr Sheppe

Appointment at Samara - Somerset Maugham
- Read by Mrs Borman

The Old Lady who Swallowed a Fly - Anon.
- Read by Mrs Parker (and Dr Webber)

Extract from Wuthering Heights - Emily Bronte
- Read by Ms Clark with Kitty Howard (Fourth Form, Cheshire)

Ex Oblivione - HP Lovecraft
- Read by Mr Cole (and Dr Webber)

Extract from Dracula - Bram Stoker
- Read by Mrs Pickering-Pollakova

Porphria's Lover - Robert Browning
- Read by Mrs Rickner (and Dr Webber)

The Raven - Edgar Allen Poe
- Read by Mr Cole, Mr Sheppe, Dr Smith, Ms Clark (and Dr Webber)

Uncanny: An Evening of Gothic Horror! was engineered at Stowe Stringer Studios by Ben Weston and the poster was designed by Yeva Solop.

Music was by Bauhaus, Depeche Mode, Joy Division, Broadcast and the Focus Group, Jesus and Mary Chain, Blue Oyster Cult, The Cure, Joan as Police Woman, Dead Can Dance, Siouxsie and the Banshees, Grace Jones and Gretchen Peters.

Incidental music featured works by Brian Eno, Aphex Twin, Tangerine Dream, A Broken Consort and David Sylvian.

We will be working on something far less nightmarish next and I'm happy to announce that coming in November 2023 will be: **Different Seasons: An evening of poetry, prose and music celebrating the Changing Tides of Time**

You can listen to the Uncanny poems [here](#) if you dare (please note we do not recommend these to audiences with a sensitive disposition)!

Dr Andrew C. Webber, English and Film Studies



International Food and Drinks Night

On the first Wednesday after Half Term, the Languages Society held an international food and drinks night where Stoics were encouraged to bring in food and drinks from all around the world. This year we had a very large variety of different snacks ranging from Norwegian chocolate to French saucissons (type of sausage), as well as an all-time favourite of the Slavic community - sunflower seeds. We also had an assortment of wines from different regions of France, as well as a bottle of port wine from Portugal for the older Stoics. It was great to see so many people contributing to this event, but above all, it was amazing to see a lot of happy and well-fed faces at the end of this event.

**Alex Kozlov (Upper Sixth, Chandos),
Vice President of the Languages Society**

Yearlings' Rugby Tour to Bristol

The Yearlings A Rugby Team travelled to Bristol on tour over the Half Term break. Staying in a self-catering Scout Hut for three days proved quite a harsh environment for some of the Stoics as they faced traumatic experiences such as having to do the washing up and cleaning after themselves!

The squad trained in the morning before having lunch, and then playing against Queen Elizabeth's Hospital School, in a match which Stowe dominated. George Wildblood (Third Form, Grafton) made several powerful runs in the pack with Jack Moreton (Third Form, Chatham) breaking the line regularly. Try of the match was a length of the field effort from Stowe which saw several players involved, before Joshua Williams (Third Form, Grenville) made a 60m break and he offloaded to Benjamin Shortridge (Third Form, Winton) who sprinted in from the 22. The triumphant boys were treated to bowling and Bella Italia after a rewarding first day.

Day Two saw the boys enjoy a stadium tour of Ashton Gate (home of the Bristol Bears) before crazy golf and a cinema trip. The boys competed in some leadership tasks in the darkness before dinner, then settled down to watch the Saints v Exeter match to round off another action-packed day.

The final day began with a training session then paintball, with some of the larger members of the squad proving to be easy targets! Chicken fajitas were devoured at lunch then we departed for the Premiership clash of Bristol v Saracens.

The boys had three full days, where they bonded and thoroughly enjoyed themselves. Many thanks to Mr Logier and Mr George for accompanying me on the trip.

Grant Seely, Director of Rugby



Badminton

The boys' badminton 1st team continued their impressive form after Half Term with some fine performances. On Thursday 20 October we had a hard-fought 6-3 win against St Edward's, followed by a comfortable 9-0 win against Radley on Thursday 10 November.

On Saturday 12 November the team travelled to Uppingham. With the score all square at three each, after two rounds of matches, the team remained focused and won the last three matches against their counterparts to win the match 6-3.

The boys' badminton 2nd team had an even tighter affair against St Edward's on Thursday 20 October, squeezing home to win 5-4. They followed this with an emphatic 9-0 win against Radley on Thursday 10 November. Their excellent run of wins came to an end on Saturday 12 November with a 7-2 defeat against a strong Uppingham team.

Well done to the boys' U16 team with a 6-3 win against Uppingham in their first match of the season on Saturday 12 November.

Although both our girls' 1st team and girls' U16 team lost to Uppingham on Saturday 12 November, it was great to give so many girls the opportunity to play for the School as we continue to build for the future.

The Junior boys' and girls' Inter-House badminton Singles and Doubles Competitions took place on Sunday 13 November.

Isaac Michael, Head of Badminton

Inter-House Results

Boys' Doubles Final 1st pairs: Grenville 12 v 21 Winton | 2nd pairs: Grenville 21 v 13 Winton | 3rd pairs: Grenville w/o

Champions: Grenville

Boys' Junior Singles Semi-Finals Alex Fan (Third Form, Chandos) 15 v 14 Martin Zhang (Fourth Form, Grenville) | Oliver Dickmann-Peña (Fourth Form, Winton) 15 v 6 Harvey Hughes (Fourth Form, Grafton)

Boys' Junior Singles Final Oliver Dickmann-Peña (Fourth Form, Winton) 21 v 10 Alex Fan (Third Form, Chandos)

Boys' Junior Singles Champion

Oliver Dickmann-Peña (Fourth Form, Winton)

Girls' Doubles Final 1st pairs: Stanhope 21 v 5 Lyttelton | 2nd pairs: Stanhope 21 v 14 Lyttelton | 3rd pairs: Stanhope 18 v 21 Lyttelton

Champions: Stanhope

Girls' Junior Singles Semi-Finals Katherine Liu (Fourth Form, Queen's) 15 v 10 Gaia Mesonero-Perez (Fourth Form, Lyttelton) | Madya Liu (Fourth Form, Stanhope) 15 v 2 Anna Cheng (Third Form, Stanhope)

Girls' Junior Singles Final Madya Liu (Fourth Form, Stanhope) 21 v 10 Katherine Liu (Fourth Form, Queen's)

Girls' Junior Singles Champion

Madya Liu (Fourth Form, Stanhope)

The Benefit of Extra-Curricular Activities

Extra-curricular activities boost the confidence of our budding academics to interact socially with other pupils, extend their academic and professional networks, and help them develop new skills and perspectives on life. Above all, extra-curricular activities help bring the classroom to life and helps pupils build exciting and highly differentiated personal statements. The Futures page on the [Stowe Website](#) has some useful resources for higher education applications.

Over the Half-Term break Sienna Houghton emailed me the following article she wrote during the first few days of the break. Sienna is new to Stowe and wants to achieve great things during her time here.

Like many in her year group, Sienna has listened to our advice to get started early on preparing her competitive university application. Half a term in, we see more evidence here to support her application.

Sienna is also planning work experience, researching and entering essay competitions and plans to write more articles for the school newspaper.

Dr West, Head of Futures

The History of the Cell - Where did life begin?



For over 100 years cells have been known to be the fundamental 'building blocks for life'. They explain how we function, live, defend ourselves and evolve. But when did cells receive their infamous recognition and title in this world? They weren't always the product for an explanation. With a lack of research and understanding of human anatomy and composition, how did people explain how the world worked around them centuries ago? How their heart was able to beat? How they were able to recover from 'death' in only a matter of time? - the history of the cell explains this.

In addition to this, as avid biology lovers, we learn in great depth how cells work, their importance, adaptations etcetera, but we are never taught about the development of the idea of how cells came about - where our intricate depth and knowledge came from.

Cultures from centuries ago had different historical views of life and cells. For example, the Greeks did not believe that there were 'tiny particles' that made-up objects, instead, they believed that there were four senses of humor: black bile, yellow bile, phlegm and blood, and when one had a disease, they assumed it was because they had a deficit or surplus of one of these humors. Because of this, the Greeks would drain the blood of anyone who was ill, to 'rid them of unwanted humor'. This belief went on for nearly 2000 years and, in some way, shapes what doctors nowadays believe, as this theory revolved around the idea of homeostasis (balance), that is commonly used today.

Another ancient view came from China 2,000 years ago - they believed in acupuncture. This was based on the theory that the whole body had circulating energy (chi or ki). This energy was thought to travel through invisible channels and when someone was ill or dysfunctional, acupuncture was used to alter where the flow of energy was, and was usually located at the meridians. When someone became ill, the Chinese thought it to be a disruption in the flow of their individual chi (disruptions in the flow of energy).

Again, in many parts of the World, we see this theory has developed and is still in use, although mainly concerning muscle or back pain, instead of how genes work!

Sienna Houghton (Lower Sixth, West)

A call to Parents and Old Stoics

If you have experience in cellular biology and would like to be interviewed for an article in our School magazine, please email [Dr West](#) who is happy to facilitate a pupil interview.

FLiX

Invitation to Contribute Memorabilia to our Film and Media Exhibition in March 2023

As part of the Stowe Centenary celebrations, we have organised a fantastic weekend of film and media activities to take place from Friday 3 - Sunday 5 March 2023, which we are calling 'and... ACTION!'

During the weekend, we are running our inaugural Film and Media conference for Sixth Formers which will take place on Friday 3 March from 10.30am-3.30pm.

We also will be screening a series of films with a Stowe connection, over that weekend, with live or pre-recorded introductions by some of the Stoics involved with their production.

In addition, The Watson Gallery will be hosting the 'and... ACTION!' exhibition of film and media memorabilia from Monday 27 February to Tuesday 9 March, with an official opening on Monday 27 February at 6pm.

If you have any film related artefacts you would be happy to lend us for this exhibition, that would be much appreciated. We are hoping to display anything film or media related: posters, autographs, memorabilia, newspaper articles, props, scripts, call sheets, costumes, books, programmes - anything you may have 'lurking around' which we could display whilst the festival takes place.

Thanks to those who have already contacted us, if you haven't already, please do let us know if you have anything you would be willing to put on display. There will be insurance during the two-week exhibition.

Please contact **Anna Semler** in the Old Stoics' office if you can contribute.

Many thanks

Dr Andrew C. Webber, FLiX Co-ordinator



Sixth Form German Trip to Repton

On Wednesday 9 November, the German A Level pupils travelled to Repton School to attend a German Conference. The Conference was held by Caroline Summers, a Professor of German and Translation Specialist at Warwick University.

Our day started with a talk on why Modern Languages are so important in every aspect of life. For example, the tennis player, Emma Raducanu, speaks Romanian and Chinese because of her parents, and she connects with her Romanian and Chinese fans through speaking their languages.

Modern Foreign Languages (MFL) also teaches core skills in life such as articulation, intercultural competence, textual and data analysis, and creativity. After the talk, we had an interactive session about the German Democratic Republic (the GDR - Former East Germany). We looked at two examples of young girls who lived in the GDR. We discussed the interests of the girls and how they adapted to life in the GDR.

Professor Summers invited us to look at life in the GDR from a different point of view and we realised that, although life there was very different and difficult, a lot of these people were not much different to us in how they led their day to day lives.

Lastly, we had a subtitling workshop, where we watched a short clip of the German movie called 'Die Welle'. We were given the German subtitles of the movie and had to translate them into English. During this workshop we had the opportunity to work with students from other schools, which we enjoyed very much. We realised that translating movie subtitles is very challenging as we had to get across the sarcasm and jokes whilst still sounding natural.

Overall, it was a very interesting day for us, we learned many new things and had the opportunity to interact with other German A Level pupils.

Leyla Baser (Fifth Form, Lyttelton)

City and Guilds Institute of Leadership and Management Successes



The following Cadet NCOs successfully passed the Institute of Leadership and Management, Level 3 over the Summer, gaining a useful Leadership and Management qualification to add to their CV.

At future interviews, they will be able to talk with credibility about practical leadership skills gained in CCF, leading Junior Cadets in their Sections, giving examples of adapting their leadership style to the circumstances and how they best communicated and motivated their team.

Reflections made during the process enabled them to improve their leadership style and skills, all useful attributes to CCF, Stowe, and any future employer.

Cadet Cpl Emily Sutton (Upper Sixth, Queen's), Cdt Cpl Freddie Farrell (Upper Sixth, Grenville), Cdt Cpl Theo Hahn James (Upper Sixth, Cobham), Cdt Cpl Hannah Bewes (Upper Sixth, Queen's), Cadet Cpl Stepan Muravskiy (Upper Sixth, Bruce), Cdt Cpl Nikita Nedoshovenko (Upper Sixth, Walpole) and Cdt Cpl Ben Anderson (Upper Sixth, Temple).

**Lt Col J S de Gale,
Contingent Commander Stowe CCF**

Amnesty International

Stowe's Amnesty International group will be running a Hygiene Drive at School for the remainder of this term. We are asking members of the Stowe community to bring in unopened and unused hygiene products to help local families in need.

Many people locked in poverty or those who find themselves in times of crisis often experience restricted options. This leaves them caught between being able to heat their home, pay their rent, buy food or keep clean. Hygiene poverty can be shaming, humiliating and excluding and can result in social isolation.

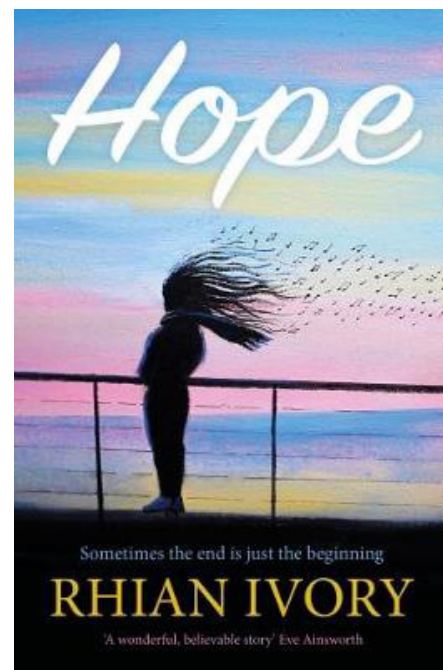
It can lead to a lack of confidence and can negatively affect good health and mental wellbeing which can impact early childhood development, learning, employability and social interaction.

If you would like to support this project, donation boxes to put items in, will appear around School on Tuesday 29 November.

Recommended products:

- Shampoo
- Shower gel
- Conditioner
- Feminine hygiene products
- Deodorant
- Toothpaste/toothbrushes
- Hairbrushes/combs
- Lotion
- Wet wipes
- Toilet paper

All products will be donated to the Hygiene Bank, a charity concerned with alleviating hygiene poverty in the UK.



Book on Prescription

Rhian Tracey, a member of the Stowe Skills Development team, has had her sixth novel 'Hope', chosen by The Reading Agency and the Royal College of GPs, the Royal College of Psychiatrists, the British Psychological Society, NHS England, Mind, the Anna Freud National Centre for Children and Families, public libraries and the School Library Association, as a "Book on Prescription".

Developed by The Reading Agency in partnership with Libraries Connected and delivered through public libraries, Reading Well for teens supports the mental health and wellbeing of teens, providing information, advice and support to better understand their feelings, handle difficult experiences and boost confidence.

Hope by Rhian Ivory

The Summer between school and Sixth Form. When Hope doesn't get into drama college, and her friends do, all her plans fall apart. She's struggling with anger, grief for her father and a sense that her own body is against her. She meets Riley on the ferry and his texts give her someone to talk to. But this isn't a story about a boy fixing everything. It's about trying new things and having the courage to ask for help.



Sixth Form Wine and Cheese Tasting Event

The Stowe Conservation Project organised another fundraiser, after the success of the previous Casino Royale Sixth Form Ball held back in February this year. This time it was a Wine and Cheese Tasting night.

Over 180 Sixth Formers donned their finest dresses and black tie to participate in activities such as red wine and chocolate pairings and white wine blind taste-testing. We also marvelled at Mr Tearle's spectacle of turning water into wine! It was a fun night of cheese, wine and chat that was finished off with a DJ in the Marble Hall.

Running these fundraisers offers Stoics the opportunity to develop their event and project management skills, and we learnt more about how marketing works in real life situations, which are all invaluable transferable skills that we can use in the future.

The whole event raised over £2,250. The funds from this event will go towards the projects run by Sustainability at Stowe, such as the Treehouse Project, Augmented Reality Nature Trail, the Gaia Exhibition as well as the organisation of future environmental events.

Casey Lo (Upper Sixth, Stanhope)



RIDING FOR THE DISABLED

Each week a group of Stoics visit the RDA yard in Silverstone where they assist in riding lessons for George, a 9 year old with little motor movement. They play games with him and help ensure he is safe on the horse. The group also helps with the upkeep of the yard and are currently painting an outdoor classroom for children to enjoy when it is too cold for them to ride. This year the group have committed to funding an RDA horse for the year - thank you to everyone who supported this by buying donuts on Friday 18 November.



The Quantum Society has got off to a phenomenal start this term! A total of 50 members across Lower and Upper Sixth are part of Quantum this year, making it one of the biggest societies in the School!

We have enjoyed talks from members as well as a debate, book clubs and a talk from an expert. Toby Blythe (Upper Sixth, Grafton) kicked us off with his presidential talk discussing 'Which Science is the Best?' This was a brilliant start to the year as we learnt a lot but it also got us talking and helped us get to know each other. Following Toby's talk we had a debate week where we came up with motions and then all chose a side and battled it out. This sparked some very interesting discussions on topics such as 'Will humans live forever?', and 'Is too much money spent on scientific research?', it allowed people to come out of their shell and show their opinions and contribute their knowledge on each topic. I enjoyed presenting a talk on 'The Three Energy Systems' exploring the biochemistry that goes on in our body to allow us to exercise. This brought another dimension to Quantum looking into a more sport science related topic.

Over Half Term, members of Quantum had the chance to be part of the Quantum Book Club. This Half Term, the Upper Sixth read 'The 10 Most Beautiful Experiments' and the Lower Sixth read 'What If?'; during the first week back we then enjoyed a Chinese takeaway in our Year Groups where we discussed our thoughts on the books. The Lower Sixth had 20 people in their book club and had fun discussing the crazy concepts written about in 'What If?'. These always go down well and are a really special way to talk to like-minded peers about things that interest us, they are one of the ways that Quantum really helps to create friendships and especially now

in Upper Sixth there is definitely a family feeling between the regular Quantum members due to events like the Chinese Book Review.

On Wednesday 16 November, we were fortunate enough to have Dr James Crosby come to Stowe to give us a talk which he titled: "The Energy Crisis and Climate Emergency – an Integrated Sustainable Solution".

Dr Crosby has a PhD in Geochemistry from the University of Cambridge and after doing a talk last year on what killed the dinosaurs he kindly came again to give another fantastic talk. He outlined the causes and effects of the energy crisis and then presented sustainable solutions to the problems through renewable energy sources and reduced usage of energy. It was fascinating to hear what he does day-to-day as Head of Sustainability at an energy consultancy company, showing us one of the many fields Chemistry and Physics can lead you to.

Dr Crosby explained the different options for future solutions to the crisis and how these can be made more accessible. Solutions such as Voltage Optimisation and Ground Heat Pumps were explained in great detail to help us understand what is being researched and developed at the moment. After his talk we had flowing discussions on our ideas for the future and questions about the more intricate details of the problems we are facing. Everyone thoroughly enjoyed it and we hope he will come back again next year!

It goes without saying that none of the amazing opportunities we have in Quantum would be possible without Mr Tearle. So from everyone at Quantum, a massive thank you Mr Tearle for running the best society at the School!

Emily Sutton (Upper Sixth, Queen's), Quantum Society Secretary



Piano Recital & Masterclass

On Wednesday 9 November, Stowe saw the return of the outstanding concert pianist Atsuko Kawakami.

Atsuko last visited Stowe back in 2018 with her duo partner Martino Tirimo, when they both gave a wonderful concert of two-piano music. Performing this time in a solo capacity, Atsuko gave a stunning performance of some of the best-loved music in the piano repertoire, including Schubert's monumental D.960 Piano Sonata, which is arguably one of the most musically challenging of all sonatas. Atsuko played with an amazingly light touch in the more delicate passages and the rich, warm sound she managed to coax from the piano was immensely impressive.

Following the Schubert, Atsuko performed five contrasting etudes by Scriabin. These explored the entire tonal palette of the piano and this

particular selection of works perfectly complemented each other.

In advance of the recital, a selection of Stoic pianists took part in an afternoon masterclass given by Atsuko. This was a fantastic and a unique opportunity to gain new perspectives and insights into the repertoire they are currently working on.

Well done to Ryan Zheng (Fifth Form, Grenville), Gaia Mesonero-Perez (Fourth Form, Lyttelton), Emily Garwood (Fifth Form, Cheshire), Nikki Atife (Fifth Form, Cheshire), Milo Xing (Fifth Form, Chandos), Jasmine Zhang (Fourth Form, Lyttelton) and visiting pupil Eva Ng, from Bedford High, for their excellent performances. It was impressive to hear how well each pianist responded to Atsuko's excellent musical advice.

Ben Andrew, Head of Keyboard



OLD STOICS 20th Anniversary Reunion

Earlier this month on Thursday 10 November, Old Stoic Leavers of 2002 gathered at The Phene in Chelsea, to celebrate 20 years since their departure from Stowe. They enjoyed an abundance of drinks and canapés, whilst catching up with friends and exchanging life stories.

The group will gather again in 2027 to mark their 25th Anniversary and we hope to track down more of their Year Group by then. The Old Stoic Society runs a regular reunion programme for Old Stoics to celebrate landmark anniversaries.

Stephanie Reeder, OS Society Events Co-ordinator



TRIALS CLUB

The Trials Club runs on a Thursday from 3:30-4:30pm on the Bursar's Field. We ride a mix of Suzuki 125s MX and GasGas 125 Trials bikes. The pupils involved have made huge gains in their ability and confidence. They start on Suzukis and progress to the GasGas. It is great fun and a real workout! I really enjoy watching the pupils smiling and working to improve, using analytical thinking and building resilience.

Stephen Whitby, Trials Club

I first started trials biking in Third Form, and to this day it is most definitely the highlight of my week! When I started riding in the Club, I rode a small yellow field crosser that was 125cc and in my first lesson I was just working out the gears. After a few weeks, I moved up to the trials bikes, which are also 125cc but two stroke not four stroke, making them accelerate a lot faster! It took some getting used to, but once I was familiar with the controls, and comfortable on the bike, we started to practice wheelies. This was way out of my comfort zone and scary at first, but as the front wheel gradually got higher, the more attempts I had, I finally got the hang of it! To this day we are still working on similar exercises, such as wheeling over obstacles or trying to do a 'track stand', which is where you stand the bike up straight without putting your feet on the ground, and thanks to Mr Whitby, it has become a lot easier. We first started practicing this on flat ground, then started doing it on obstacles, and soon we will be combining the two!

Bertie Scott (Fourth Form, Chatham)

In Trials Club we have lots of fun, learning how to do tight turns, zigzags, and even wheelies. Everyone partaking in the activity is friendly and kind, which makes the experience even better. It is most definitely the highlight of my week!

Luiza Cavalcanti (Fourth Form, Lyttelton)



Types of Bullying



#ANTIBULLYINGWEEK

Bullying is repeated behaviour that is intended to hurt someone either emotionally or physically. It can take many different forms.



Physical Bullying

Physical action intended to hurt or intimidate another person, for example punching, kicking or tripping, or touching them or their possessions in unwanted or inappropriate ways.



Verbal Bullying

Using cruel or abusive language (written or spoken) to hurt another person, for example name-calling, making threats or making disrespectful comments about their appearance or other characteristics.



Psychological Bullying

Actions and behaviour intended to negatively affect another person's mental health and/or wellbeing, for example deliberately isolating or excluding them, threatening, humiliating, or manipulating them.



Sexual Bullying

Targeting someone with sexual actions or comments, including uninvited inappropriate touching or sharing intimate photos of someone without their permission.



Cyberbullying

Using electronic communication, such as social networking sites, gaming sites, chat rooms or messaging apps to send hurtful messages or make comments about another person.



Some bullying actions might fall into more than one of these groups, while others may not obviously fit into any of them. If you think that you or someone you know is being bullied, speak to a trusted adult.

The Anti-Bullying Alliance coordinate Anti-Bullying Week each year in England and Wales. You can find further free resources for Anti-Bullying Week on their website. ABA also have free anti-bullying resources available for schools – [CPD anti-bullying online training courses](#). Become a United Against Bullying School and enroll on ABA's free whole-school [anti-bullying programme](#) today.



Student Finance & Budgeting

With most of the Upper Sixth's UCAS applications submitted and many offers coming in, it is time for Upper Sixth pupils and their parents to consider university finance.

We have **recorded a UCAS 2023 presentation**, which guides pupils through student finance for England, including tuition fees, maintenance loans and some of the non-repayable grants that are available. There is also a short section on student accommodation and advice on budgeting.

The deadline for applying for student finance is 27 May 2023, so there is no rush...

Gordon West, Head of Futures

Service@Stowe



Knitting

As is always the way at Stowe, word spreads quickly amongst the Stoics and our numbers tripled! As a result, we have a request if you have any knitting needles and/or spare balls of wool, that you would be willing to donate, the group would be incredibly grateful. Meanwhile Mrs Capurro continues to teach needles skills, in the hope of a blanket or three by the end of term.

Elizabeth Huxley Capurro, Service@Stowe

Volunteering

Each week a group of 18 Sixth Formers go to two of our local primary schools, Buckingham Primary School and Roundwood School to volunteer.

We engage with pupils up to eight years old during physical education, reading and even computing lessons, where it seems to be that some of us are learning along with the children! It has been fascinating watching how the pupils, predominantly those in Year One and Reception classes, interact with each other in (generally!) a mature manner.

This activity started as a great way to incorporate volunteering into achieving my Gold DofE, but now I wish I was going more than once a week. It's been lovely watching the children grow and advance in their studies, as well as listening to their weekend stories, as they procrastinate on the task in hand.

This term has been extremely enjoyable with the new Lower Sixth pupils having joined the activity and the Upper Sixth feeling welcomed back by the children and Staff.

Lily Jackson (Upper Sixth, Cheshire)

MV

13 DECEMBER

REINDEER HOT COCOA

£2 FOR A CHRISTMAS STYLED REINDEER HOT COCOA SACHET. ADDITIONAL £2 FOR AN ANONYMOUS MESSAGE!

Fundraising at Stowe is holding a Reindeer Hot Cocoa sale on Tuesday 13 December in the North Hall. In addition to the Reindeer Hot Cocoa - pupils can write a message and gift it to other pupils.

This is a charity event and monies raised is going to Male VoicED.

MaleVoicED is a charity which recognises and values the lived experience of males who have experienced, or are experiencing, eating and exercise related difficulties and associated co-morbid conditions.



SOCIAL MEDIA

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